



OUR MISSION

The mission of Meals on Wheels Central Texas In-Home Care is to nourish and enrich the lives of the homebound and other people in need through programs that promote dignity and independent living.

OUR IMPACT



653

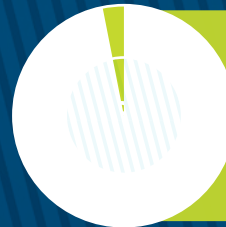
Clients served



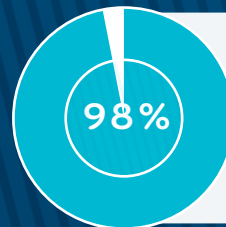
244,633

Hours of
service provided

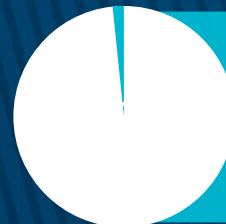
OUR OUTCOMES



95% of clients say Meals on Wheels Central Texas In-Home Care helps them maintain a healthful and safe home environment.



98% of clients say Meals on Wheels Central Texas In-Home Care visits help them feel less lonely and isolated.



99% of clients say Meals on Wheels Central Texas In-Home Care took steps to provide services in a safe manner during the pandemic.

WE TAKE CARE – NOT PROFIT

Our unique client centered approach ensures that those in need of care receive the support they need to remain living at home, independently and with dignity. Our competitively priced Private Pay program helps fund our Sliding Scale charitable program, which serves our neighbors living at or below 250% of the poverty level, and we also provide services to Medicaid eligible adults. We are honored to serve the Central Texas community with quality In-Home Care service.



CAREGIVERS **Unsung Heroes of COVID-19 Pandemic**

Meals on Wheels Central Texas In-Home Care's 250+ caregivers are on the frontlines of the coronavirus pandemic. The vulnerable older adults we serve face a much higher risk of developing more serious complications from COVID-19. In-home care supportive services help them remain safe at home. We thank these unsung heroes for going above and beyond and for protecting the health and wellbeing of the wonderful people we serve, people just like Carol Nathanson.

"Debbie always wears a mask and is constantly disinfecting things around my home. She was worried about the virus [late last year] and I laughed at her. I'm not laughing anymore," says 75-year-old Carol Nathanson.

Ms. Nathanson is talking about Debbie Lopez, her Meals on Wheels Central Texas In-Home Care provider. Twelve years ago, Ms. Nathanson became disabled after a surgery that went wrong. She relies on Debbie for help with daily activities. "When people ask me how I'm doing [during the pandemic], I say 'I'm blessed. I'm doing great.' And Debbie is a big reason why I am."

From housecleaning, to shopping to cooking, Debbie does it all. "When I walk into her home, she makes me feel like I am home," says Debbie.

Ms. Nathanson says she hit the jackpot when she found Meals on Wheels Central Texas IHC and Debbie. "To have a caregiver who is also your friend is very, very special. I don't know where I'd be if I didn't have Debbie."

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