

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1 A-Sweet and Sour Chicken B-Herbed Pork Herbed Basmati Rice Broccoli Texas Bread Fresh Fruit	2 A-Turkey Taco B-Pork Carnitas Pinto Beans Steamed Cauliflower Wheat Tortilla Fresh Fruit Taco Sauce	3 A-Swiss Steak B-Suellen's Baked Chicken with Gravy Macaroni and Cheese Dilled Carrots Wheat Bread Tapioca Pudding	4 A-Rosemary Butter Sliced Ham B-Cajun Fish Lima Beans Okra and Tomatoes Cornbread Fresh Fruit Margarine	5 A-Breaded Fish B-Breaded BBQ Chicken Black-Eyed Peas Green Beans Hamburger Bun Apple Juice Tartar Sauce 	8 A-Salisbury Beef with Brown Gravy B-Creamy Paprika Chicken Cheesy Potatoes Catalina Vegetables Texas Bread Fresh Fruit	9 A-Cheese Omelet  B-Mango Baked Chicken Black Beans Stewed Tomatoes Multigrain Bread Applesauce	10 A-Mozzarella Chicken B-Honey Grilled Pork Pasta Florentine Green Beans with Onions Dinner Roll Oreo Vanilla Pudding 	11 A-John Yocum's Lemon Pepper Fish B-Judith's Turkey Sausage with Red Beans Cajun Brown Rice Mixed Greens Cornbread Fresh Fruit	12 A-Beef Chili with Beans B-Italian Chicken Chili Whole Kernel Corn Squash Medley Texas Bread Cranberry Juice
15 A-Chicken with Country Gravy B-Ron Lantz's Meatloaf with Tomato Gravy Whipped Potatoes with Skins Glazed Carrots Texas Bread Fresh Fruit	16 A-Italian Shells and Cheese  B-Turkey Tetrazzini Whole Kernel Corn Broccoli Wheat Bread Fresh Fruit	17 A-Beef Taco B-Chicken Fajita Mexican Brown Rice Charro Beans Wheat Tortilla Fruited Strawberry Gelatin Taco Sauce	18 A-Pork Chop Suey B-Spicy Dhal Cheesy Spinach Cauliflower Texas Bread Fresh Banana	19 Cold Meal A-Turkey Salad B-Pimento Cheese Lettuce and Tomato Pasta Salad Wheat Bread (2) Tropical Punch					
22 A-Devised Pork B-Alfredo Breaded Chicken Lentil Vegetable Pilaf Cauliflower Wheat Bread Fresh Apple	23 A-Five Spiced Diced Chicken B-Hunan Style Tofu Northern Beans Ginger Carrots Texas Bread Fresh Banana	24 A-Beef with Peppered Gravy B-Honey Baked Chicken Brown Rice Green Beans with Onions Wheat Bread Butterscotch Swirl Pudding	25 A-Turkey Brunswick Stew B-Whole Grain Cheese Pizza Dippers Whole Kernel Corn Garlic Spinach Saltine Crackers Fruited Orange Gelatin	26 A-Marinara Chicken Meatballs B-Tim Andrew's BBQ Pork Rib Patty Baked Beans Medley Cabbage Wheat Bread Grape Juice					
29 A-Onion Breaded Chicken B-Creole Beef Herbed Green Peas Squash Medley Wheat Bread Fresh Fruit	30 A-Three Cheese Ziti  B-Cheeseburger Macaroni Glazed Carrots Green Beans Texas Bread Fresh Apple	31 A-Curry Pork Roast B-Black Bean Chicken Brown Rice Cauliflower with Red Peppers Wheat Bread Fresh Fruit	*Due to unavailability of certain items, appropriate substitutions may need to be made. **Milk is served every meal.	✔ - Vegetarian Entrée ⚡ ≥ 1000mg Sodium					