






MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1 A -Sweet and Sour Diced Chicken B - Peking Beef Brown Rice Broccoli Wheat Bread Fresh Fruit	2 A -Turkey Taco B - Pork Carnitas Pinto Beans Steamed Cauliflower Corn Tortillas (2) Fresh Fruit Taco Sauce	3 A -Suellen's Baked Chicken with Gravy B - Beef with Country Gravy Macaroni and Cheese Dilled Carrots Wheat Bread Fruited Cherry Gelatin	4 A -Rosemary Butter Sliced Ham B - Cajun Breaded Pollock Lima Beans Okra and Tomatoes Cornbread Fresh Fruit	5 A -BBQ Breaded Chicken B - Vegetarian BBQ Seasoned Lentils Green Beans Hamburger Bun Apple Juice	8 Closed – No Delivery	9 A -Lemon Butter Chicken B - Mushroom Pork Loin Cheesy Parslied Potatoes Green Beans Texas Bread Fresh Fruit	10 <i>Cold Meal</i> A -Pimento Cheese  B - Yogurt Dill Chicken Salad Aztec Couscous Salad Carrot Raisin Salad Wheat Bread Fruited Lemon Gelatin	11 A -Thai Chili Pork Loin B - Orange Diced Chicken Whole Grain Penne Pasta Chinese Cabbage Wheat Bread Fresh Fruit	12 A -Turkey Macaroni and Cheese B - Beef Enchilada Pie Lentils California Vegetable Blend Texas Bread Grape Juice
15 A -Coconut Chicken B - BBQ Mustard Beef Meatballs Confetti Brown Rice Japanese Vegetable Blend Texas Bread Fresh Fruit	16 A -Rosemary Pork Loin B - Breaded Chicken with Gravy Whipped Potatoes with Skins Green Beans Wheat Bread Fresh Fruit	17 A -Swiss Steak B - Turkey and Dumplings Chili Beans Stewed Okra Texas Bread Fresh Fruit	18 <i>Cold Meal</i> A -Tuna Macaroni Salad B - Turkey and Rice Salad Marinated Beet Salad Marinated Carrots Wheat Bread Fruited Strawberry Gelatin	19 A -Balsamic Glazed Beef Meatballs B - Veracruz Chicken Lima Beans Lemon Zest Broccoli Wheat Bread Grape Juice	22 A -Ron Lantz's Meatloaf with Brown Gravy B - Lemon Caper Breaded Chicken Seasoned Lentils Brussels Sprouts Wheat Bread Fresh Fruit	23 A -Turkey Tetrazzini B - Beef Pizza Casserole Broccoli Parslied Carrots Wheat Bread Fresh Fruit	24 A -Thai Chili Chicken B - Hung-Shao Pork Brown Rice Japanese Vegetable Blend Wheat Bread Fruited Lime Gelatin	25 A -Dan Pruett's Hamburger Patty B - Breaded Chicken Patty Lettuce and Tomato Ranch Beans Hamburger Bun Hot Cinnamon Applesauce Mustard and Ketchup	26 A -Cheesy Macaroni  B - Beef Spaghetti Casserole Seasoned Cauliflower Green Beans Almandine Dinner Roll Cranberry Juice
29 A -Chicken Meatballs with Gravy B - Beef with Vegetable Gravy Green Peas Cabbage Texas Bread Fresh Fruit	30 A -Three Cheese Ziti  B - Cheeseburger Macaroni Glazed Carrots Green Beans Texas Bread Fresh Apple						*Due to unavailability of certain items, appropriate substitutions may need to be made. **Milk is served every meal.	 - Vegetarian Entrée  ≥ 1000mg Sodium	