MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Diced Thai Curry Chicken Brown Rice Broccoli Wheat Bread Fresh Fruit	**3** Beef Taco Pinto Beans Seasoned Cauliflower Corn Tortillas (2) Fresh Fruit Taco Sauce	**4** Baked Chicken with Gravy Macaroni and Cheese Dilled Carrots Wheat Bread Fruited Cherry Gelatin	**5** Cajun Breaded Pollock Lima Beans Okra and Tomatoes Multigrain Bread Fresh Fruit	**6** BBQ Breaded Chicken Lentils Green Beans Wheat Hamburger Bun Apple Juice
9 Beef Burgundy Brown Rice Lemon Brussels Sprouts Wheat Bread Fresh Fruit	**10** Pesto Chicken Cheesy Parslied Potatoes Green Beans Texas Bread Fresh Fruit	**11** *Cold Meal* Pimento Cheese 🌱 Aztec Salad Carrot Raisin Salad Wheat Bread Fruited Lemon Gelatin	**12** Diced Orange Chicken Roasted Sweet Potatoes Chinese Cabbage Multigrain Bread Fresh Fruit	**13** *Father's Day* Beef Pepper Steak Whipped Potatoes with Skins Herbed Green Peas Dinner Roll Nutty Buddy Bar
16 Coconut Chicken Brown Rice Japanese Vegetables Texas Bread Fresh Fruit	**17** Cheese Omelet 🌱 Seasoned Black Beans Stewed Tomatoes Wheat Bread Fresh Fruit	**18** Swiss Steak Cheesy Rosemary Potatoes Mixed Vegetables Multigrain Bread Fresh Fruit	**19** *Cold Meal* Tuna Pasta Salad Three Bean Salad Marinated Vegetables Wheat Bread Fruited Strawberry Gelatin	**20** Balsamic Brown Sugar Beef Garlic Parmesan Couscous Broccoli and Carrots Texas Bread Tropical Punch
23 Lemon Pepper Pollock Cajun Brown Rice Mixed Greens Texas Bread Fresh Fruit	**24** Mexican Beef Picadillo Savory Lime Corn Brussels Sprouts Corn Tortillas (2) Fresh Fruit Taco Sauce	**25** Diced Five Spice Chicken Northern Beans Ginger Carrots Texas Bread Fresh Fruit	**26** Turkey and White Beans Multigrain Elbow Pasta Cheesy Spinach Cornbread Fruited Orange Gelatin Margarine	**27** Meatloaf with Tomato Gravy Mushroom Farro Rissoto Mixed Vegtables Wheat Bread Grape Juice
30 Chicken Meatballs with Gravy Lentils Cabbage Texas Bread Fresh Fruit	*Due to unavailability of certain items, appropriate substitutions may need to be made.* **Milk is served every meal.	🌱 - Vegetarian Entrée 🧂 ≥ 1000mg Sodium		

Sarah Hutsler, RD, LD 12/23/24
Sarah Hutsler, RD, LD #DT81463 7/18/09