

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed – No Delivery	2 A - Turkey Rice Casserole B – Heavenly Ham Whole Kernel Corn Spinach Wheat Bread Fresh Fruit	3 A - Hunan Style Tofu ✓ B – Curry Chicken Lima Beans Broccoli and Carrots Texas Bread Fresh Fruit	4 A - Chicken Marsala B – Steakhouse Beef Lentils Green Beans Texas Bread Fresh Fruit	5 A - Cheese Omelet ✓ B – Apricot Chicken Seasoned Black Beans Stewed Tomatoes Wheat Bread Grape Juice
8 A - Teriyaki Chicken Meatballs B – Chili Garlic Beef Meatballs Northern Beans Japanese Vegetable Blend Texas Bread Fresh Fruit	9 A - Cheeseburger Macaroni B – Turkey Rice Casserole Green Peas Country Tomatoes Wheat Bread Fresh Fruit	10 A - Lemon Pepper Chicken B – Mushroom Pork Loin Brown Rice Broccoli Dinner Roll Fresh Fruit	11 A - Sloppy Joe B – BBQ Breaded Chicken Cheesy Parslied Potatoes Mixed Vegetables Hamburger Bun Fruited Lemon Gelatin	12 A - Spaghetti Torte ✓ B – Chicken Tetrazzini Garlic Parmesan Cauliflower Green Beans with Onions Wheat Bread Cranberry Juice
15 Closed – No Delivery	16 A - Black Bean Chicken B – Peking Pork Brown Rice Sweet and Sour Carrots Dinner Roll Fresh Fruit	17 Cold Meal A - Gourmet Turkey Salad B – Salmon Pasta Salad Vegetable Couscous Salad Cucumber and Onion Salad Saltine Crackers Fresh Banana	18 A - Rosemary Butter Sliced Ham B – Creamy Paprika Chicken Pinto Beans Okra and Tomatoes Texas Bread Fruited Lime Gelatin 🍷	19 A - Cajun Fish B – Sausage and Red Beans Lima Beans Medley Cabbage Wheat Bread Cranberry Juice
22 A - Ham, Red Beans and Rice B – Chicken Etouffee Couscous Cabbage Texas Bread Fresh Fruit 🍷	23 A - Beef with Mushroom Gravy B – Chicken Piccata Whipped Potatoes with Skins Mixed Vegetables Wheat Bread Fresh Banana	24 A - Tofu Fried Rice ✓ B – Five Spice Chicken Lentils Japanese Vegetable Blend Texas Bread Fresh Fruit	25 Cold Meal A - Sliced Turkey Breast and Swiss Cheese B – Sliced Ham and Swiss Cheese Lettuce and Tomato Pasta Salad Wheat Bread (2) 🍷 Fruited Cherry Gelatin Mustard	26 A - Beef Enchilada Pie B – Tuna Macaroni and Cheese Green Peas Parslied Carrots Wheat Bread Grape Juice
29 A - Balsamic Brown Sugar Glazed Beef B – Bechamel Chicken Meatballs Lemon Herb Pasta Peas and Carrots Wheat Bread Fresh Fruit	30 A - Citrus Pork B – Honey Baked Chicken Whipped Potatoes with Skins Brussels Sprouts Dinner Roll Fresh Orange	31 A - Dan Pruett's Hamburger Patty B – Breaded Chicken Patty Lettuce and Tomato Ranch Beans Hamburger Bun Hot Cinnamon Applesauce 🍷 Mustard and Ketchup	*Due to unavailability of certain items, appropriate substitutions may need to be made. **Milk is served every meal.	✓ - Vegetarian Entrée 🍷 ≥ 1000mg Sodium

Sarah Hutsler, RD, LD 6/29/23
 Sarah Hutsler, RD, LD #DT81463 7/18/09