










MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Due to unavailability of certain items, appropriate substitutions may need to be made.</p> <p>**Milk is served every meal.</p>	<p> - Vegetarian Entrée</p> <p> ≥ 1000mg Sodium</p>			<p>1</p> <p>A-Cajun Pollock B- Sausage and Red Beans Lima Beans Medley Cabbage Wheat Bread Cranberry Juice</p>
<p>4</p> <p>A -Teriyaki Chicken Meatballs B -Chili Garlic Beef Meatballs Northern Beans Japanese Vegetables Texas Bread Fresh Orange</p>	<p>5</p> <p>A -Cheeseburger Macaroni B -Turkey Brown Rice Casserole Green Peas Country Tomatoes Wheat Bread Fresh Fruit</p>	<p>6</p> <p>A -Breaded Chicken with Country Gravy B -Mushroom Pork Loin Lentil Vegetable Pilaf Broccoli Dinner Roll Fresh Fruit</p>	<p>7</p> <p>A -Sloppy Joe B -Diced BBQ Chicken Dill Potato Salad Mixed Vegetables Hamburger Bun Hot Cinnamon Applesauce</p>	<p>8</p> <p>A -Spaghetti Torte B -Chicken Tetrazzini Garlic Parmesan Cauliflower Green Beans with Onions Wheat Bread Cranberry Juice</p>
<p>11</p> <p>A -Salisbury Beef with Brown Gravy B -Pesto Chicken Lentils Cauliflower Wheat Bread Fresh Fruit</p>	<p>12</p> <p>A -Moroccan Chicken Stew B -Ground Beef Stew Couscous Cabbage Texas Bread Fresh Fruit</p>	<p>13</p> <p>A -John Yocum's Lemon Pepper Pollock B -BBQ Pork Rib Patty Penne Florentine Lemon Zest Broccoli Wheat Bread Fresh Orange</p>	<p>14</p> <p>A -Breaded Chicken with Gravy B -Pork Roast with Onion Gravy Northern Beans Herbed Green Beans Dinner Roll Fruited Cherry Gelatin</p>	<p>15</p> <p>A -Three Cheese Ziti B -Chimichurri Chicken Green Peas Glazed Carrots Texas Bread Grape Juice</p> 
<p>18</p> <p>A -Ham, Red Beans and Brown Rice B -Chicken Etouffee Couscous Cabbage Texas Bread Fresh Fruit</p> 	<p>19</p> <p>A -Beef with Mushroom Gravy B -Breaded Chicken Piccata Whipped Potatoes with Skins Mixed Vegetables Wheat Bread Fresh Banana</p>	<p>20</p> <p>A -Tofu Fried Rice B -Five Spice Chicken Lentils Japanese Vegetables Texas Bread Fresh Fruit</p>	<p>21</p> <p>Cold Meal A -Sliced Turkey and Swiss Cheese B -Sliced Ham and Swiss Cheese Lettuce and Tomato Pasta Salad Wheat Bread (2) Fresh Fruit Mustard</p>	<p>22</p> <p>A -Beef Enchilada Pie B -Tuna Macaroni and Cheese Green Peas Parsliled Carrots Wheat Bread Grape Juice</p>
<p>25</p> <p>A -Coconut Chicken B -BBQ Mustard Beef Meatballs Confetti Brown Rice Japanese Vegetables Texas Bread Fresh Fruit</p> 	<p>26</p> <p>A -Swiss Steak B -Turkey and Dumplings Chili Beans Stewed Okra Texas Bread Fresh Fruit</p>	<p>27</p> <p>Thanksgiving Turkey Breast with Gravy Cornbread Dressing Herbed Green Beans Dinner Roll Sugar Cookie Margarine</p> 	<p>28</p> <p>Closed – No Delivery</p>	<p>29</p> <p>Closed – No Delivery</p>