MEALS on WHEELS
CENTRAL TEXAS

50
YEARS STRONG

MORE THAN A MEAL

Impact Report 2021

WHERE WE STARTED

MOWCTX began in 1972 as a volunteer effort of eight individuals cooking meals out of church kitchens for their neighbors in need. They served 29 clients who received meals three times per week.

WHERE WE ARE GOING

The organization has grown to over 150 employees and currently serves over 5,000 clients with its life-enhancing programs. Last year, volunteers and staff delivered 667,925 meals! Our medically-tailored meals help older adults manage chronic medical conditions enabling them to stay in the homes they love. The Meals on Wheels program was shown to improve food security in 83% of newly-enrolled participants!

Today, clients like Reyes and his wife Gregoria receive nutritious home-delivered meals on a daily basis. Their story is one of the many we see and hear daily.

Reyes and Gregoria Lopez met in an Austin cafeteria 70 years ago. She worked there, preparing the food, and he was a young soldier stationed at Ft. Hood in Killeen. It wasn't long before Mr. Lopez was in love with the woman who cooked those delicious meals.

The couple married in 1955 and, after working hard and saving their money for more than a decade, bought a small, two-bedroom home in East Austin in 1966. They slowly added on to the house over the years to accommodate their growing family and raised 11 children there. The place holds a lifetime of memories for the couple, and they have no plans to leave. "This is my home," says Ms. Lopez. "I love my house because we sacrificed to buy it. People ask me, 'why don't you sell it.' I say, 'no, I'm going to stay here until I die."

"I can't cook like I used to," she explains with regret. So, for several years, she and her husband have received our nutritious, home-delivered meals.

Ms. Lopez says that help is instrumental in allowing her and her husband to stay in the place they've called home for more than 50 years. "Everything Meals on Wheels does real good, and I appreciate it, and I hope they continue to help until we don't need it anymore."

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98% of our clients reported that the meals by MOWCTX are an essential part of their daily nutrition.

Reyes and Gregoria Lopez

Dear Friends of MOWCTX,

I want to begin this message by sharing my gratitude for all the ways in which you have supported Meals on Wheels Central Texas over the past years. We are able to meet our community's needs because of the investment of time and resources from volunteers and donors.

When I joined MOWCTX earlier in 2022, we celebrated 50 years of service to older adults and disabled Austinites. What started in a small East Austin kitchen with eight volunteers, has grown into a large operation—powered by volunteers and generous donors—that serves over 3,000 meals each business day. A lot has changed in Austin over the past five decades, and we have expanded to keep up with the demand. At the same time, according to US Census data, the number of people aged 65 and older is expected to more than double over the next 50 years, while the number of people over 85 is expected to triple. This rapid growth is challenging us to continue to expand and evolve so we can always meet the need of the people we serve.

I am excited to be here with an amazing team as we boldly face this next chapter of growth. Meals on Wheels Central Texas is such a unique opportunity to see impact in action, not just because of the service we do, but due to the spirit that this organization brings to the community as a whole. I am thankful that you are with us on this journey.

With gratitude,

Henry van de Putte III, President and CEO

HOME REPAIR

2009

In 2009, Meals on Wheels and More received funding from the City of Austin's General Obligation Bond Home Repairs Program and targeted clients in need of major home repairs. The bond launched our Home Repair program enabling us to hire skilled workers in addition to the volunteers who ran the program.

This past year, the Home Repair program renovated and made secure 176 homes for clients who were in need of safety enhancements as well as minor repairs. The story of Jackie Gray and his wife Lenora is an example of the positive impact the Home Repair program has on the lives and independence of our clients.

2021

"We would never have had the finances to do all this ourselves," says Jackie Gray, speaking about the repairs needed on the mobile home he shares with his wife of 46 years, Lenora. The couple has lived worldwide due to Jackie's years of military service in the Air force. But as Jackie stated, "we always wanted Texas to be home."

Unfortunately, their mobile home required numerous repairs. Jackie and his wife found themselves struggling to do roof repairs or simply living with water damage and uneven floors. They just didn't realize the physical effort and cost it would take to make the repairs themselves.

The Grays learned about the Meals on Wheels Central Texas Home Repair program through their church service. Jackie signed up and was quickly approved. He met with contractors and Meals on Wheels Central Texas team to go over their needs.

Jackie says he watched the contractors make upgrades throughout the home, leaving it "feeling like a house inside, not a mobile home," says Jackie. "It's modern."

Now he and Lenora can have their children over and feel good about their family home.

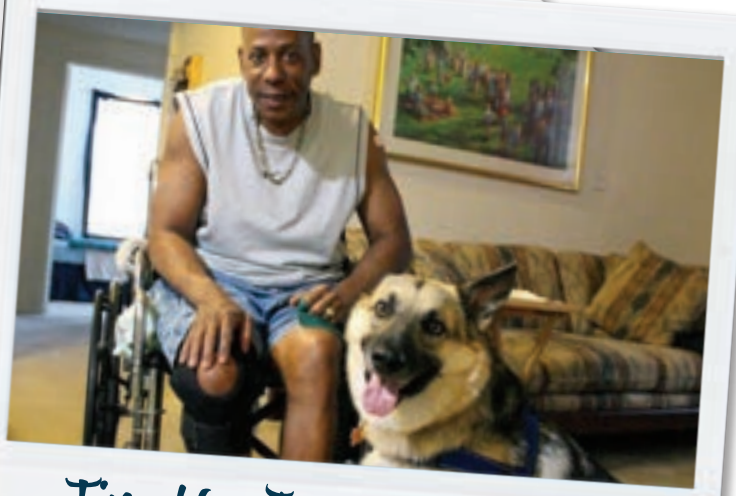
PALS

WHERE WE STARTED

Our first pet fair was in 2008, and we helped 25 pets. The following year Meals on Wheels Central Texas held another successful pet fair where 120 pets were treated (including 87 wellness checks and 33 spay/neuters). This began our PALS program and from October 2010 to April 2011, our volunteers began delivering pet food and supplies on a monthly basis to 145 of our clients furry friends.

WHERE WE ARE NOW

PALS now serves over 500 clients with and last year 51,253 lbs. of food and supplies were delivered. The PALS program allows clients who are often isolated and homebound to enjoy the companionship of a loyal, furry friend without worrying about the cost of keeping one.



Timothy Jones and Lady

Initially, Hurricane Katrina brought 56-year-old Timothy Jones to Austin from his longtime home in New Orleans. Timothy faced countless knee and hip surgeries that left him unable to walk and homebound. He has been a home-delivered meals client since 2012. In addition, Timothy has been a longtime PALS client, receiving food and veterinary care for beloved pets. When his service dog Missy passed, the PALS team saw an opportunity to match him with a rescue dog in need. They brought Timothy to the shelter, where he met his new roommate and constant companion, Lady.

"PALS helps me out a lot," he says. And with free rides to the veterinarian and food and pet supply deliveries, PALS allows Timothy to enjoy his time with Lady without worrying about the cost.

Lillie

Buster

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CENTRAL TEXAS
50
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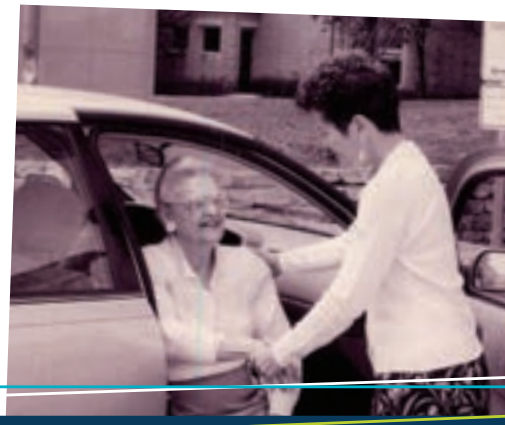

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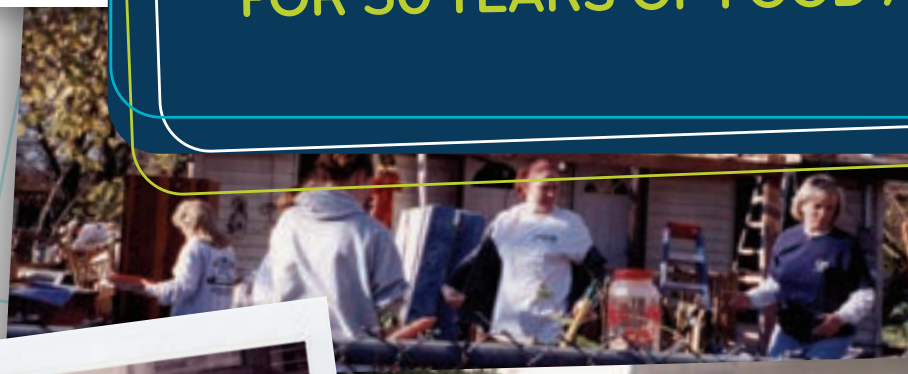
FOR 50 YEARS OF FOOD A



YOU
Texas
AND FRIENDSHIP
MEALS on WHEELS
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OTHER PROGRAMS

HOPE

96,833
Pounds of Food Delivered

HOME REPAIR

176
Homes Completed

COUNTRY WHEELS

83
Clients Served

GROCERIES TO GO

132
Clients Served

CASE MANAGEMENT

6,549
Hours of Case Management Provided

IN-HOME CARE

239,779
Hours of In-Home Care Provided

CONGREGATE

1,032 Clients Served Through Our Congregate Sites

MIKES PLACE

260
Activity Boxes Provided

FISCAL YEAR 2020-2021*

FINANCIALS

REVENUE $25,862,589

Private Grants & Individual Contributions	**68%**
Government Grants & Contracts	**31%**
Special Events	**0%**
Other	**1%**

EXPENSES $15,639,492

Program Services	**81%**
Fundraising	**7%**
Management & General	**12%**

LIABILITIES & NET ASSETS

Current Liabilities	**$1,128,629**
Non-Current Liabilities	**$2,451,676**
Fund Balances	**$20,955,441**
Total Liabilities and Net Assets	**$24,535,746**

ASSETS

Cash	**$7,557,130**
Other Current Assets	**$2,204,831**
Other Non-Current Assets	**$14,773,785**
Total Assets	**$24,535,746**

*Per Audited financials for fiscal year ending September 30, 2021. Please contact **development@mealsonwheelscentraltexas.org** or call our Development Department at **512-628-8111.**

Thank You TO ALL OUR SUPPORTERS

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Texas Department of Housing and Community Affairs

Texas Department of Health and Human Services

Texas Gas Services, a Division of ONE Gas

Texas State Affordable Housing Corporation

Texas Veterans Commission

Texas Veterinary Medical Foundation

The Applied Materials Foundation

The Barilla Foundation

The Dunagan Foundation

The Emergency Food and Shelter Program

The Evelyn M. Davies Foundation Trust

The Fifth Age of Man Foundation

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