







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Due to unavailability of certain items, appropriate substitutions may need to be made.</p> <p>**Milk is served every meal.</p>	<p> - Vegetarian Entrée</p> <p> ≥ 1000mg Sodium</p>			<p><b>1</b></p> <p><b>A-Beef Spaghetti Casserole</b>  <b>B- Three Cheese Ziti</b>                      Broccoli                      Diced Beets                      Whole Wheat Breadstick                      Tropical Punch</p>
<p><b>4</b></p> <p><b>A-Ginger Pork Patty</b>  <b>B-Sesame Chicken Patty</b>                      Jasmine Rice                      Japanese Vegetables                      Texas Bread                      Fresh Fruit</p>	<p><b>5</b></p> <p><b>A-Beef Stroganoff</b>  <b>B-Turkey Pot Pie</b>                      Squash Medley                      Collard Greens                      Wheat Bread                      Cranapplesauce</p>	<p><b>6</b></p> <p><b>A-Pork Roast with Brown Gravy</b>  <b>B-Broccoli and Cheese Bake</b>                      Confetti Brown Rice                      Garden Vegetables                      Wheat Bread                      Caramel Vanilla Pudding</p>	<p><b>7</b></p> <p><b>A-Egg Salad</b>  <b>B-Chicken Salad</b>                      Lettuce and Tomato                      Three Bean Salad                      Wheat Bread (2)                      Fresh Banana</p>	<p><b>8</b></p> <p><b>A-Beef Pepper Steak with Gravy</b>  <b>B-Confetti Chicken Patty</b>                      Whipped Potatoes with Skins                      Sliced Carrots                      Dinner Roll                      Grape Juice</p>
<p><b>11</b></p> <p><b>A-Bruschetta Chicken Meatballs</b>  <b>B-Swiss Steak</b>                      Herbed Green Peas                      Italian Vegetables                      Whole Wheat Breadstick                      Fresh Fruit</p>	<p><b>12</b></p> <p><b>A-Ham and White Beans</b>  <b>B-Chicken Cordon Bleu Bake</b>                      Brown Rice                      Green Beans with Onions                      Wheat Bread                      Fresh Fruit                      Margarine</p>	<p><b>13</b></p> <p><b>A-Beef Taco</b>  <b>B-Fajita Fish Taco</b>                      Corn O'Brien                      Glazed Carrots                      Wheat Tortilla                      Fruited Cherry Gelatin                      Taco Sauce</p>	<p><b>14</b></p> <p><i>Valentine's Day</i>  <b>A-Honey Baked Chicken</b>  <b>B-Spinach Turkey Breast</b>                      Mashed Sweet Potatoes                      Broccoli                      Dinner Roll                      Strawberry Swirl Pudding</p>	<p><b>15</b></p> <p><b>A-Beef Meatball Soup</b>  <b>B-Turkey Brunswick Stew</b>                      Mixed Beans                      Diced Beets                      Saltine Crackers                      Cranberry Juice</p>
<p><b>18</b></p> <p><i>Closed – No Delivery</i></p>	<p><b>19</b></p> <p><b>A-Turkey Fusilli</b>  <b>B-Beef Chili Macaroni</b>                      Broccoli                      Country Tomatoes                      Wheat Bread                      Cinnamon Swirl Pudding</p>	<p><b>20</b></p> <p><i>Upgrade</i>  <b>A-Angus Beef Patty with Gravy</b>                      Whipped Potatoes with Skins                      California Vegetables                      Texas Bread                      Fresh Fruit</p>	<p><b>21</b></p> <p><b>A-Chilaquiles Casserole</b>  <b>B-Chicken Quesadilla Casserole</b>                      Brown Rice                      Mixed Greens                      Mexican Cornbread                      Fruited Lime Gelatin</p>	<p><b>22</b></p> <p><b>A-Chicken Picatta Thigh</b>  <b>B-Cuban Shredded Pork</b>                      Lima Beans                      Catalina Vegetables                      Wheat Bread                      Grape Juice</p>
<p><b>25</b></p> <p><b>A-Tim Andrew's BBQ Pork Rib Patty</b>  <b>B-Lemon Pepper Fish</b>                      Chuckwagon Corn                      Broccoli                      Wheat Bread                      Fresh Fruit</p>	<p><b>26</b></p> <p><b>A-Hamburger Mushroom Ragu</b>  <b>B-Turkey Cannelloni Casserole</b>                      Squash Medley                      Herbed Green Beans                      Texas Bread                      Pineapple Tidbits</p>	<p><b>27</b></p> <p><b>A-Margarita Chicken Thigh</b>  <b>B-Southwestern Pork Patty</b>                      Charro Beans                      Parslied Carrots                      Wheat Bread                      Fresh Banana</p>	<p><b>28</b></p> <p><i>Cold Meal</i>  <b>A-Sliced Ham and Swiss Cheese</b>  <b>B-Turkey Breast and Swiss Cheese</b>                      Lettuce and Tomato                      Potato Salad                      Wheat Bread (2)                      Marble Pudding                      Mustard</p>	

Sarah Hutsler, RD, LD 6/12/18  
 Sarah Hutsler, RD, LD #DT81463 7/18/09