

“I’M SO GLAD THAT SHE’S HERE”

“I’ve got a walker, and I cannot take a step without it. Letty is a wonderful help for me. She does all of the things I can’t do,” says 80-year-old Jean Lunan.

Letty is Leticia Moreno, Ms. Lunan’s Meals on Wheels Central Texas In-Home Care attendant. Three times per week, for three hours each day, Ms. Moreno helps Ms. Lunan with the activities of everyday living. “I make a list of things I’d like for her to get done that day and she just gets down to business,” Ms. Lunan says.

That “business” includes cleaning Ms. Lunan’s Central Austin apartment, doing laundry, running errands, grocery shopping, and more. All of which is second nature to Ms. Moreno. “I’ve been working with [older adults] for several years. It’s what I love to do, helping others,” she explains.

Ms. Lunan used other in-home care agencies in the past but didn’t find the quality of service she was looking for. “I had [attendants] that I didn’t feel

comfortable with,” she recalls. But all of that changed when she switched to Meals on Wheels Central Texas In-Home Care: “I

our dedicated volunteers who deliver the meals. But it’s her time with Ms. Moreno she really looks forward to.



MOWCTX In-Home Care client Jean Lunan (r) and attendant Leticia Moreno

feel absolutely comfortable with Letty. She does a professional job and she’s just a pleasure. And I just can’t get over how well run the entire organization is.”

In addition to receiving our In-Home Care services, Ms. Lunan is also signed up for our Meals on Wheels home-delivered meals. “I get the lunches every day and they are delicious,” she says. She enjoys the visits from

And Ms. Moreno feels the same way about Ms. Lunan: “She means a lot to me. Leaving here knowing that she’ll be okay for the evening makes me happy,” she says.

That dedication provides Ms. Lunan with much-needed peace of mind: “We get along really well. It’s a pleasure for me to see her little face. I’m so glad that she’s here.”

THE IN-HOME TIMES' FEATURED ATTENDANT

Name: Valencia Ughenu

Role: Provides services to 70+ clients who live at five Foundation Community properties

Years with MOWCTX In-Home Care: 1

Best Thing about Being a MOWCTX In-Home Care Attendant:

Creating a bond with my client

What Do You Enjoy Doing During Your Time Off:

Spending time with my children, and cooking



RAISING THE BAR ON CUSTOMER SERVICE & SAFETY

Reinforcing the skill sets of our dedicated attendants ensures we continually raise the bar when it comes to the safety and satisfaction of our clients! We offer certification from the Institute for Professional Care



MOWCTX In-Home Care attendants receive ongoing training in order to provide the best service possible.

Education to our attendants—subjects include both basic care and areas of specialty such as: Alzheimer's and Dementia, Chronic Disease, Parkinson's, and Mental Health, just to name a few.

COMING SOON—PRIVATE PAY CARE!

We want you to be among the first to know that MOWCTX In-Home Care will soon add Private Pay Care to its platform of services.

This new level of care offers a benefit no other local provider can deliver—the chance to help us ensure local, low-income seniors in need of care receive the assistance they deserve to live independently with dignity.

Our competitively priced **Private Pay Care** will help to fund our existing **Sliding Scale Care**, which serves our neighbors living at or below 250% of the poverty level. This unique approach extends the dignity of independent living throughout our senior community.



MEALS ON WHEELS
CENTRAL TEXAS
IN-HOME CARE

More details coming soon!