

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Independence Day</b> Diced BBQ Chicken Confetti Coleslaw Tater Gems Hamburger Bun Apple Crisp 3	<b>Closed – No Delivery</b> <b>Frozen Meal</b> Vegetable Lasagna ✓ Black-Eyed Peas Garden Vegetables Wheat Bread Tropical Punch Margarine 4	Sliced Turkey and Swiss Cheese Lettuce and Tomato Pasta Salad Wheat Bread (2) Fresh Banana Mustard 5	Roast Beef with Gravy Corn and Lima Beans Sliced Carrots Dinner Roll Fruited Cherry Gelatin 6	John Yocum's Lemon Pepper Fish Baked Sweet Potato Green Beans with Onions Whole Wheat Breadstick Orange Juice 7
Buffalo Chicken Pasta Tuscany Vegetables Squash Medley Dinner Roll Fresh Fruit 10	Swiss Steak Parslied Potatoes Mixed Vegetables Wheat Bread Vanilla Pudding 11	Judith's Smoked Sausage Confetti Coleslaw Ranch Beans Hot Dog Bun Hot Pineapple Tidbits Mustard 12	Chilaquiles Casserole ✓ Brown Rice Brussels Sprouts Wheat Bread Fresh Fruit 13	Cajun Chicken Whole Kernel Corn Mixed Greens Cornbread Grape Juice Margarine 14
Piccadillo Beef Spanish Brown Rice Fiesta Vegetables Wheat Tortilla Fresh Fruit 17	Creamy Garlic Cheese Ravioli ✓ Tossed Salad Italian Vegetables Whole Wheat Breadstick Hot Pineapple Tidbits Lite Italian Dressing 18	BBQ Honey Mustard Turkey Meatballs Whipped Potatoes Spinach Cornbread Fresh Fruit Margarine 19	Cranberry Dijon Chicken Creamed Peas Glazed Carrots Wheat Bread Fresh Fruit 20	Veracruz Chicken Couscous Pilaf Broccoli Texas Bread Orange Juice 21
Turkey Rice Casserole Broccoli Glazed Carrots Dinner Roll Fresh Fruit 24	Salisbury Beef with Onion Gravy Parslied Potatoes Brussels Sprouts Wheat Bread Ambrosia Pudding 25	Charlene's Tuna Macaroni Salad Three Bean Salad Cucumber Onion Salad Saltine Crackers Banana Pudding 26	Suellen's Baked Chicken with Gravy Mashed Spiced Yams Collard Greens Wheat Bread Fruited Lemon Gelatin 27	Honey Cashew Beef and Broccoli Brown Rice Herbed Green Beans Wheat Bread Cranberry Juice 28
Bruschetta Chicken Meatballs Orzo Pasta Italian Vegetables Whole Wheat Breadstick Fresh Fruit 31			*Due to unavailability of certain items, appropriate substitutions may need to be made.  **Milk is served every meal.	✓ - Vegetarian Entrée ! ≥ 1000mg Sodium