


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	A-Ron Lantz's Meatloaf with Tomato Gravy B- Onion Chicken Whipped Potatoes with Skins Cheesy Brussels Sprouts Wheat Bread Fresh Fruit	4	A-Turkey Tetrizzini B-Pizza Casserole Broccoli Parslied Carrots Dinner Roll Butterscotch Swirl Pudding	5	A-Dan Pruett's Hamburger Patty B-Breaded Fish Lettuce and Tomato Ranch Beans Hamburger Bun Apple Raisin Compote Mustard and Ketchup	6	A-Lemongrass Chicken B-Mu Shu Pork Herbed Basmati Rice Japanese Vegetables Wheat Bread Fruited Cherry Gelatin	7	A-Spaghetti Torte ✓ B-Beef Stroganoff Herbed Green Beans Cauliflower Whole Wheat Breadstick Tropical Punch Margarine
10	A-Turkey Rice Casserole B-Beef Enchilada Pie Stewed Tomatoes Diced Beets Wheat Bread Fresh Fruit	11	A-Lemon Pepper Chicken B-Mushroom Pork Patty Mashed Spiced Yams California Vegetables Wheat Bread Strawberry Swirl Pudding	12	<i>Cold Meal</i> A-Egg Salad ✓ B-Ham Salad Pasta Salad Tomato Spoon Relish Wheat Bread (2) Fresh Banana	13	A-Pork Carnitas B-Turkey Taco Pinto Beans Squash Medley Wheat Tortilla Fruited Lemon Gelatin Taco Sauce	14	Father's Day Beef Burgundy Whipped Potatoes with Skins Creamed Spinach Dinner Roll Fudge Cream Cookie
17	A-Salisbury Beef with Gravy B-Creamy Paprika Chicken Oven Roasted Potatoes Catalina Vegetables Texas Bread Fresh Fruit	18	A-Turkey Pastrami B-Italian Style Pork Cheesy Garlic Polenta Green Beans with Onions Dinner Roll Oreo Vanilla Pudding	19	A-Sausage and Red Beans B-Cajun Fish Dirty Brown Rice Mixed Greens Cornbread Fresh Fruit	20	A-Cheese Omelet ✓ B-Maple Glazed Chicken Black Beans Stewed Tomatoes Biscuit Pineapple Tidbits	21	A-Soy Ginger Chicken B-Beef and Broccoli Jasmine Rice Asian Cabbage Multi Grain Bread Orange Juice
24	A-Deviled Pork B-Mozzarella Chicken Herbed Green Peas Cauliflower Whole Wheat Breadstick Fresh Fruit	25	A-Peking Beef B-Five Spice Chicken Lentils Ginger Carrots Wheat Bread Pineapple Pudding	26	A-Potato Crusted Fish B-Pesto Turkey Breast Mashed Sweet Potatoes Squash Medley Texas Bread Fresh Banana	27	A-Cranberry Orange Pork Roast B-Lemon Pepper Fish Oven Roasted Potatoes Green Beans Wheat Bread Fruited Lime Gelatin	28	A-Chilaquiles Casserole ✓ B-King Ranch Chicken Casserole Spanish Brown Rice Broccoli Mexican Cornbread Cranberry Juice
						*Due to unavailability of certain items, appropriate substitutions may need to be made. **Milk is served every meal.		✓ - Vegetarian Entrée  ≥ 1000mg Sodium	