


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Due to unavailability of certain items, appropriate substitutions may need to be made.</p> <p>**Milk is served every meal.</p>	<p> - Vegetarian Entrée</p> <p> ≥ 1000mg Sodium</p>	<p>Chicken Orzo Frittata Stewed Tomatoes Garden Vegetables Wheat Bread Fresh Fruit</p>	<p>Sloppy Joe Coleslaw Oven Roasted Potatoes Hamburger Bun Hot Spiced Apples</p>	<p>Chilaquiles Casserole  Cheesy Chile Brown Rice Squash Medley Mexican Cornbread Apple Juice</p>
		1	2 	3
<p>Pomodoro Chicken Meatballs Whipped Potatoes with Skins Spring Vegetables Wheat Bread Fresh Fruit</p>	<p>Hamburger Mushroom Ragu Brown Rice Green Beans with Tomatoes Whole Wheat Breadstick Fresh Banana</p>	<p>Fajita Chicken Lettuce and Tomato Charro Beans Wheat Tortilla Hot Oranges and Pineapple Taco Sauce</p>	<p>Herbed Pork Loin Mashed Sweet Potatoes Mixed Vegetables Dinner Roll Fruited Orange Gelatin</p>	<p>Breakfast Casserole Grits Spinach Biscuit Orange Juice Margarine</p>
6	7	8	9	10
<p>Beef Burgundy Cheesy Rosemary Potatoes Broccoli Wheat Bread Fresh Fruit</p>	<p>Falafel Balls  Lentil Vegetable Pilaf Greek Caponata Vegetables Wheat Pita Pocket Fresh Fruit</p>	<p>Roast Beef with Gravy Couscous Country Vegetables Wheat Bread Caramel Vanilla Pudding</p>	<p>Chicken Etouffee Kidney Beans Turnip Greens Cornbread Fruited Strawberry Gelatin Margarine</p>	<p>Charlene's Tuna Pasta Salad Three Bean Salad Tomato Spoon Relish Saltine Crackers Grape Juice</p>
13	14	15	16 	17
<p>Lemon Caper Chicken Mixed Beans Cauliflower Wheat Bread Fresh Fruit</p>	<p>Joe's Carne Guisada Confetti Brown Rice Squash Medley Wheat Tortilla Mud Pie Pudding</p>	<p><i>Thanksgiving</i> Turkey Breast with Gravy Cornbread Dressing Green Beans Amandine Dinner Roll Fluffy Fruit Salad Margarine</p>	<p><i>Closed – No Delivery Frozen Meal</i> Beef with Peppered Gravy Whipped Potatoes with Skins Country Tomatoes Wheat Bread Tropical Fruit Punch Margarine</p>	<p><i>Closed – No Delivery Frozen Meal</i> Cheese Ziti  Broccoli Dilled Carrots Wheat Bread Tropical Fruit Punch Margarine</p>
20	21 	22	23	24
<p>Turkey Cannelloni Casserole Brussels Sprouts Squash Medley Whole Wheat Breadstick Fresh Fruit Margarine</p>	<p>Beef Chili with Beans Confetti Brown Rice Spinach Cornbread Marble Pudding Margarine</p>	<p>Honey Baked Chicken Country Corn Diced Beets Wheat Bread Fresh Fruit</p>	<p>Cuban Shredded Pork Confetti Coleslaw Baked Beans Hamburger Bun Apple Raisin Compote</p>	
27	28 	28	30	

Sarah Hutsler, RD, LD 6/20/17
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